

Dee-Dee Stout, MA

Member of **MINT**

Adjunct Faculty, **Holy Names University**

Writer, **FSDP.org**

Author, **Coming to Harm Reduction Kicking & Screaming**

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Coaching. Training. Consulting.

Treat people as if they are who they can be and you help them
become who they're capable of being. Goethe

Highlights of 2020/21

- **HR & ASAM Criteria workshops:** National Events
- **Sonoma County Schools:** Using MI & TIW in Tobacco Cessation
- **Mendocino County:** Advanced MI
- **Santa Clara County:** Advanced MI & TIW
- **Lake County:** Intermediate MI with Coaching & Supervision
- **Indianapolis Community Behavioral Health:** Harm Reduction
- **Holy Names University:** Motivational Interviewing (Spr)
- **Holy Names University:** Substance Use Disorders (Fall)
- **Writing**
 - **FSDP Blog**
 - **Article for Filter Magazine**
- **Added skill: Brainspotting** (certification 2021)
- **Numerous FB & podcast events**

Highlights of 2019

- **FSDP/Family Drug Support Australia Training:** NYC
- **Holy Names University:** Motivational Interviewing
- **Invitation to Change:** Interventions
- **Mendocino County:** Motivational Interviewing (Adv, Intro, Inter)
- **Hope Street (Dignity Health-LA):** MI & TIW
- **Rams:** Intro to MI
- **HRSS2019:** MI & HR; MI, HR & Families
- **Kern County:** Intermediate MI
- **SF-MHA:** MI 101 & 201
- **A Safe Place:** Trauma-Informed Work

- **The Heart of a Woman Warrior Conf:** HR & Families
- **Consultant:** TrainerRx (now RecoveryOne; Health start-up)

PROFESSIONAL EXPERIENCE

Dee-Dee Stout Consulting (formerly Responsible Recovery/Relapse Prevention Systems; 1995-current)

- Providing coaching, supervision & training in the evidence-based practices of Motivational Interviewing (MI) & CRAFT (Community Reinforcement & Family Training); trainings in Harm Reduction; Trauma-Informed Work; Spirituality as a Cultural Context; Relapse Prevention; Drugs, Society & Public Policy; Case Management; Women's Health; Human Sexuality; Counseling Skills; Treatment Issues & Evidence-Based Interventions; Mental Health Issues & Substance Use Disorders; and more.
- Curriculum development
- Agency consultations
- Individual & Family consultations, coaching, & counseling

The Change Companies (2019-current)

- Trainer, Harm Reduction & ASAM Criteria

Families for Sensible Drug Policy (FSDP.org) (2018-current)

- Volunteer advocate/writer
 - Blogger: **Families Matter/Family Matters**

Holy Names University, Oakland, CA (2015-current)

- Adjunct Professor in Forensic & Counseling Psychology Graduate Program
 - Motivational Interviewing 101; Graduate level
 - Using Motivational Interviewing in Trauma-Informed Work (Trauma Cert)

HealthRight 360 (2017-2018): Serenity House was to open in San Mateo County to provide services instead of entering hospital-based psychiatric services. Projected to save some \$8 million dollars annually. County building for 13-bed residential program delayed for more than a year. Never opened before being released from contract.

- Assistant Director
 - Responsible for day to day operations (while waiting for program to open; did not open)
 - Conduct trainings on client-centered counseling; how to work with people in extreme states; family work; self-care; CBT; MI; TIW and more
 - Curriculum development for clients in extreme states
 - Assisted Director in preparing: all forms needed for licensure of program; Employee Handbook; client forms; assessments; hiring processes, and more.

- Interfaced with other management staff to coordinate efforts; also interfaced with San Mateo County Behavioral Health management

California State University, Monterey Bay (2013- 2017)

- Adjunct Professor
 - CHHS 225: Drugs, Society, & Public Policy (4-unit hybrid course)
 - SW435: Substance Use Disorders (4-unit hybrid course)

California State University, East Bay Extension (2014-2015)

- Instructor, CAADAC Certification Program
 - EPSY 7400: Motivational Interviewing

NCADA-BA (National Council on Alcohol & other Drug Addictions-Bay Area; 1/2014-7/2014)

- Responsible for: Curriculum development; Group facilitation; Education

Founding Partner, AA2: The Next Generation in Self-Help. (2011-12)

- Host, ChangeTalk Radio, www.blogtalkradio.com/aa2. Weekly live Wednesdays, 5-6pm, with rotating guests and topics.
- Developed materials for website, client/consumers

Group Facilitator, UpFront Programs (2009-2010)

- Responsible for conducting AOD groups for students at Berkeley Technical High School with Chuck Ries, Director.

Clinical Program Manager, Project Pride @ EBCRP (2008-2009)

- Responsible for all day-to-day clinical operations of this Community Prisoner mother Program (CPMP) and community-based mother's AOD/COD treatment program, including supervising clinical staff, conducting advanced trauma groups (Seeking Safety and other models), providing clinical training, and curriculum development.

City College of San Francisco (1999-2011)

Instructor, Health Sciences AOD; Community Health Works (grant), Project Dissemination Coordinator

- Faculty, Drug & Alcohol Certificate Program
 - Member, Community Advisory Board (CAB)
 - Developed classes on Motivational Interviewing and other strength-based models
 - Developed grading rubrics now used throughout department
 - Began harm reduction recovery support group
 - First faculty to use live and taped counseling demonstrations in classes and for examinations for counselors in training
 - First faculty to use web-enhancement for class
 - Retooled Drugs and Society class into a social justice course (accenting the racist nature of our drug laws), advocating for 12-Step **and** harm reduction treatment options and other support groups

- First faculty to have students visit working Needle Exchange Programs

Responsible Recovery (1997- current; formerly Relapse Prevention Systems)

Responsible Recovery was formed in 2003 to provide comprehensive, accurate health education and counseling with a focus on motivating health behavior changes and client-directed/centered skill building. Designed original services for relapse-prone individuals and others.

- Direct marketing and materials creation
- Provide training/education for professionals/clients; consultant to numerous treatment facilities, county & non-profit agencies
- Provide educational/health counseling to private clients
- Consulted to the Harm Reduction Therapy Center (HRTC; now The Center for Harm Reduction Therapy) to obtain State rehab licensure
- Focus on chronic illness/pain conditions and PTSD in women
- **Expert in Motivational Interviewing, Harm Reduction, Trauma-Informed Work**

Ontrack Consulting (NPO), Sacramento, CA (2004-2013)

- Contractor, Training & Development
 - CRAFT
 - Women, PTSD/Trauma, Substance Use Disorders & Mental Illness
 - Motivational Interviewing
 - Spirituality as a Cultural Aspect in SUD's Treatment (part of the CLAS grant)
 - Various other topics including talks at conferences and ADP

San Francisco State University (1991- 2005)

Adjunct Faculty (2000); lecturer in Health Education; Community Health Works Project Dissemination Coordinator.

- Adjunct faculty (1997- current), Lecturer, Health Education
- Guest lecturer (1991-), Depts. of Psychology, Human Sexuality, Health Ed, Counseling

PESI Healthcare, Inc. (2005-2007)

- National Motivational Interviewing seminar presenter

California State University, East Bay (Hayward) (1997-2004)

Instructor, "Sexuality and Addiction"; "Relapse Prevention"

- Developed curriculum for CAADAC-certified program

CRC Health, Inc. (2000-2001)

Business Development Representative and Community Health Educator for Azure Acres.

Kaiser Permanente Health Education (1999-2001)

Health Educator: Anger Management

Henry Ohlhoff House (1998-2000)

Family Consultant. Responsible for educational and process groups for families of residents.

- Revised curriculum for 12-week educational series.
- Provide individual and couples interventions/counseling
- Prepare & deliver workshops on various topics to residents of HOH
- Substitute Program Director

Kaiser Permanente Chemical Dependency Recovery Program (1997-1999)

Counselor. Responsible for Relapse Prevention Track, adult educational groups, process groups, Day Treatment patient case management. Conducted Family lectures and adolescent groups; assessments.

- Redesigned Relapse Prevention Track
- Initiated new curriculum on Nutrition and Chemical Dependency, Sexuality, and more
- Responsible for design of curriculum for new Stages of Change track
- Instituted individual client-specific case management for relapse-prone individuals
- Introduced alternative approaches to aid in recovery of CD patients

Walden House - 214 Haight St. (1997-1998)

Counselor, Relapse Prevention Group designer and facilitator for adolescent boys.

- Designed Relapse Prevention curriculum for adolescent boys
- Consulted with facility regarding other program needs
- Conducted groups on Relapse Prevention for adolescent boys

Community Awareness and Recovery Education Services (CARES) (1996-1997)

A service designed to address CD educational needs in the SF area.

- Developed community education series on addiction SF- YMCA
- Direct marketing and networking with County

MPI Treatment Services (1988-1996)

Gained opportunities to work in all aspects of the facility: assessment, counseling, case management, & contract negotiations.

Primary Therapist

- Group & individual sessions
- Didactic sessions
- Case management

Alternate Family Therapist

- Individual & group counseling
- Lecture series on Family Systems

Created Relapse Prevention Therapy pilot program

Overhauled exercise program

- Aerobics instruction & weight training
- Designed new assignments, curriculum, and texts for clients with focus on holistic recovery approaches

Assessment Counselor

- Completed SASSI training for specialized assessments
- Redesigned community outreach lecture series

Volunteer

- Facilitated Continuing Care groups, including Relapse Group
- Assisted Primary Therapists in group sessions
- Facilitated Women's Group & provided support services for women

Solidarity Christian Fellowship (1988-1989)

Gained experience and knowledge in skills and Social-Model systems, especially in administration.

- Women's Director (multiple sites)
 - Conducted on-site assessments with prison, treatment populations
 - Supervised all activities of facilities
 - Second-in-command of entire organization
 - Trained on Syva for random urinalysis
 - Case Management

Various other positions including direct high-ticket sales with managerial elements, private instruction, and various consultations.

REFERENCES

1. **Dr. Patt Denning**, PhD, Clinical Director & Co-Founder, The Center for Harm Reduction Therapy. pattdenning@harmreductiontherapy.org; 415.252.0669 (SF, CA).
2. **Megan Murphy**, former Director, Face 2 Face Sonoma County AIDS Network: Ending HIV in Sonoma County. meghanmurphyedu@gmail.com 707.484.0931 (Santa Rosa, CA).
3. **Dr. Juliana van Olphen**, Professor, San Francisco State University; Dept. of Public Health/Health Education. jvo@sfsu.edu. 415.405.2149 (SF, CA)

EDUCATION

M.A., Health Counseling (honors), San Francisco State University, 1997.

- Developed Special Major: Health Counseling for Special Populations

BA, Psychology (honors); Minor - Human Sexuality, San Francisco State University, 1993.

AA, Business Management, Northwood University, 1975.

Certified Alcohol and Drug Counselor (CADC II), coursework, UC Berkeley; Cal State Hayward; 1998, certification #A3716698 (allowed to expire 2016)

International Certified Alcohol and Drug Counselor (ICADC), 1998. #17436.

Advanced Relapse Prevention Specialist (ARPS), CENAPS© (Gorski), 1996.

Substance Abuse Professional (SAP), certification #11575, 1998 (expired 2008)

Thought Field Therapy (TFT™) certification, 1996.

Motivational Interviewing Training with Drs. William Miller, Theresa Moyers, and Carolina Yahne. UNM, 2000.

Brief Therapy/Client–Centered, Outcome-Informed Treatment: with Scott D. Miller, Ph.D., Jane Peller, LCSW, & John Walter, LCSW – 2001 & 2002.

Community Reinforcement & Family Training (CRAFT), with Robert Meyers, PHD. Santa Fe, NM, 2003.

Seeking Safety with Lisa Najavits, SF, CA, 2005/06.

CBT with Fred Rotgers, PhD., Oakland, CA; 2006.

MIST with Bill Miller & Terri Moyers, PhD., Albuquerque, NM; 2007.

Advanced MI Clinical Skills Training, Bill Miller, PhD & Terri Moyers, PhD; 2007/2017.

Case Management and the ASI, Deni Carise, UNM; 2007.

MITI Coding, with Jacque Elder & Sue Eck-Maas. Chicago, 2007.

Client-Directed, Outcome Informed (CDOI) Training of Trainers with Scott Miller & Barry Duncan, Chicago; August 2008.

LAADC (through CAADAC, now CCAPP). #LR127041; 2011-2016.

The Work, by Byron Katie (BKI), with BKI-registered trainer, Zoe Newman. Oakland, 2011.

The Body Keeps the Score: Trauma, with Dr. Bessel van der Kolk. 2-day training through CIIS, SF. Fall, 2019.

Brainspotting, Phase 1 3-day Training, with Lisa Larson, LMFT; Folsom, CA.

Various webinars & online trainings on Trauma. 2019.

Community Activities:

- FSDP Blog: Advocate and writer (2018-current)
- Board Member, 2011-13; Chair, Landscape Committee, Glashaus HOA.
- Drug Policy Alliance/NORA Project: former Board member (2008-2009)
- Community Vocational Enterprises (CVE): Board member (2008)
- San Quentin Prison: volunteer instructor for prisoners (2006)
- PIC/PRC - SF Dept of Public Health: Treatment Co-Chair (2001-04)
- CCSF Advisory Board (CAB): Member (2002-2010)
- Volunteer Legal Services Program (VLSP): Volunteer (2001-2005)
- YMCA: Certified Fitness Instructor; Healthy Back instructor; Certified Strength Trainer; Certified Stretching Instructor (all volunteer positions)
- St. Andrew Presbyterian Church (Pacifica, CA): Ordained Elder; Member, governing Board of Directors; Superintendent of Sunday Schools.

PROFESSIONAL CONTRIBUTIONS

- Denning, P, et al. Over the Influence. Guilford Press, 2004.
- "Safety First" booklet. Drug Policy Alliance (DPA). 2004.
- Rosengren, D. Building Motivational Interviewing Skills: A Practitioner Workbook. Guilford Press. 2009.
- Glaser, G. Interviewed extensively for this award-winning journalist's new book, "Her Best Kept Secret: Why Women Drink and How They Can Regain Control." (2013) **New York Times bestseller**.

BOOKS AND ARTICLES

- Editor, EAPA Newsletter. "The Health Corner." 2002-2003.
- Coming to Harm Reduction Kicking & Screaming: Looking for Harm Reduction in a 12-Step World. (AuthorHouse, 9/2009).
 - This book is designed to help 12-Steppers & other health professionals find Harm Reduction principles in 12-Step philosophy – and vice versa - and serve as an invitation to assist health professionals and others to view these concepts as complementary and not adversarial as they have traditionally been seen. Available through the publisher, www.Authorhouse.com, Amazon, and Barnes & Noble. Also available in e-format through Amazon.
- SAMHSA's TIP Viral Hepatitis and Substance Abuse Treatment (working title); Expert Advisory Board (EAB) member, 2007 - current.
- "How to be an Effective Addictions Counselor in a SUD's World." Counselor, (Vol15, No1), p10-13, Feb 2014. Article with Pete Nielsen.

- "Guiding as Practice: Motivational Interviewing and Trauma-Informed Work with Survivors of Intimate Partner Violence." Partner Abuse, 1(1), p92-104, 2011.

TELEVISION/RADIO APPEARANCES; NEWSPAPER INTERVIEWS

- "Anger." Taped guest spot. CBS Nightly Local Newscast. 2002.
- "The Penn & Teller Show: Bullshit!" Showtime Emmy™ Award- winning series. Taped guest spot; originally aired August 2004.
- "Sorta, maybe an alcoholic," by GW Schulz. San Francisco Guardian, Feb 28-March 6, 2007, p16.
- Etc. Magazine (San Francisco, CA). Interview on treatment issues.
- KGRN Radio 960: Interview with Angie Coiro on "Treatment." Aired April 8, 2009, 7-8pm.
- Documentary, "The Business of Recovery" (Selection, Newport Beach Film Festival, 2015). Interview. Greg Horvath Productions, Huntington Beach, CA.
- Documentary on 12-Step Predators. "13th Stepping". Massive Productions, Los Angeles, CA. Selected for various film festivals, 2015.
- Podcasts:
 - **The Social Exchange: [Episode 31: Dee-Dee Stout: Coming to Harm Reduction Kicking and Screaming](#)** (2019)
 - **Talking to Change: <https://www.stitcher.com/podcast/glenn-hinds-sebastian-kaplan/talking-to-change-a-motivational-interviewing-podcast/e/56492929>** (2019)

Highlights of 2017

- **CIIS/SF-MHA conference:** Motivational Interviewing
- **Rams:** workshops on SUD's, mental health, MI, ethics
- **Article** on "Mindfulness" for mentalhelp.net
- **Holy Names University:** Motivational Interviewing
- **Kern County Mental Health:** Harm Reduction training
- **SF-AIDS Foundation:** Group MI training
- **Encompass Social Services:** 3-day MI training + ongoing monthly coaching group
- **DHCS conference presentation:** Using MI with Active Drug/Alcohol Users & Their Families
- **Added skill: Completed MITI 4.2.1 coding class**

Highlights of 2016

- **DHCS Annual Conference:** "MI with SUM groups & families of active users" (with Jeremy Prillwitz)
- **Encompass Social Services**, Santa Cruz County: MI Trainer & coach
- **rams**, SF: Workshops on MI, Ethics, Co-Occurring D/O's
- **HRC National Conference:** "Working with Active Users & Their Families" (with Jeremy Prillwitz)
- **Omada Health Coaches conference:** SF, CA: "Motivational Interviewing for Coaches"
- **Holy Names University, Oakland, CA:** Motivational Interviewing class
- **USF MA Counseling class:** Guest speaker on Harm Reduction
- **The Center for Harm Reduction Therapy:** workshop on MI

Highlights of 2015

- **CPI Fresno:** MI Training
- **NovoNordisk:** Conference – MI Coaching/Training
- **CSU-EB:** Motivational Interviewing class
- 2-Day international training in **MI & Group Work**
- **MI Supervision/Coaching:** "The Coming Home Project," St. Luke's-Roosevelt Hospital Center, NYC
- **Lake County** – MI Training with follow up coaching
- Several families added to private practice for training in the EBP **CRAFT**
- **Film appearance:** "The Business of Recovery"
- **Interview,** "The Addiction Show with Shira Goldberg"

Highlights of 2014 Projects (partial list):

- Invited Keynote speaker on Harm Reduction, LifeRing's 2014 Conference
- Yolo County, MI Training (2-day)
- SF-CBHS/MHSA peer counselors; "Conflict Resolution"
- Lake County Behavioral Health, MI Training (2-Day)

Highlights of 2012-13 Projects (partial list):

- Safe Solutions agency, Napa, CA
- CBHS trainings for MHSA workers; Various topics
- Invited Speaker, Contra Costa County Conference
- Felton, SUD's 101 & MI training for PREP workers
- Healthy Partners Annual Retreat
- Caminar (Solano County), MI Trainings
- CBHS (City & County of SF), Advanced MI, 2-Day training
- Guest Speaker, MI; Skype class
- SF Potrero Hill Agency, MI training
- Berkeley Mental Health, MI training & coaching
- Santa Rosa Community Behavioral Health, MI training
- UC Berkeley Extension course, Continuing Care & Case Coordination
- Webinar on MI
- SF General, MRHC; MI training

- Motivational Interviewing Forum (MINT) workshop
- MI Consultation and Supervision Group (monthly meeting)
- CIIS workshop on MI
- Open training on "Using MI in Groups"

Highlights of 2011 Projects (partial list):

- Keynote Speaker: Outreach Workers Conference, Austin, TX
- Radio-show guest: 12-Step and Harm Reduction
- Invited speaker, MHA-SF Hoarding & Cluttering Conference, 3/10/11: MI
- Partial training list (most sites have multiple trainings):
 - HOPIC (LA, CA): MI & Homelessness
 - Face-to-Face (San Rafael, CA): LGBTQI DV/IPV services; MI
 - Nevada County agencies: MI; Trauma-Informed Services
 - DPH/MHA –SF: MI in Groups; MI; Ethics; more
 - DPH/CBHS: Advanced MI trainings
 - CAADAC Conference Speaker
 - ChangeTalk Radio host, for AA2 Project
 - Sierra County training: Being Trauma-Informed
 - Shasta County series: MI
 - Salvation Army Conference, Invited Speaker: MI

Highlights of 2010 Projects (partial list):

- Invited Keynote: "Lift Every Voice" Conf., CoCoCounty, Pleasant Hill, CA
- Baker Places & Progress Foundation (100+ participants): "Motivational Interviewing 101"
- Jelani House: "MI"; 2-Day training
- Healthy Partnerships, Fairfield, CA: "MI"
- ¹CVE: "Using MI with Clients with Psychological Problems and more"
- ²Teleseminar: "MI, Harm Reduction, and 12-Step" (for Recovery Coaches)
- Women's Crisis Support, Santa Cruz, CA; "MI with Women with Substance Use Disorders and Trauma"
- State Regional Training: Fresno, CA; "Advanced MI"
- Healthy Partnerships, Fairfield, CA: "MI in Groups"
- Episcopal Center for Women, SF, CA: "MI Basics"
- Sacramento, CA - Youth & Family 3-Day Training with Lochlan McHale: "MI/MET/CBT/CRAFT"
- Lake County Mental Health Services: 2-day "MI Training"
- San Mateo County Health Services: "Preparing for Organizational Change"
- Teleseminar: National Study Group on Chronic Disorganization – "MI"

¹ Non-governmental license

- Contra Costa County Conference, Pleasant Hill, CA: “MI in SBIRT”
- Began new private practice including new offerings in Recovery Coaching
- Private MI coaching clients
- Working on possible grant for using MI with US-based Afghani women who need trauma services (grant recently funded)
- The Felton Institute, SF: new MI Faculty
- Ontrack Consulting Services: ongoing Consultant in Trauma; MI; EBP’s, and more

Highlights of 2008-9 Projects (partial list):

- International Violence and Trauma Conference (IVAT), paper presentation and book signing. September 2009.
- CAADAC Conference, October 2009: GRTI panel member, workshop presenter plus book signing.
- Coming to Harm Reduction Kicking and Screaming: Looking for Harm Reduction in a 12-Step World. Published book. Currently available.
- Using MI with IPV publication: “Guiding as Practice: Motivational Interviewing and Trauma-Informed Work with Survivors of Intimate Partner Violence.” Partner Abuse, October 2009 (available now).
- Completed Training for Trainers in Client-Directed, Outcome-Informed Treatment with Scott D. Miller, Chicago, IL.
- International Drug Policy Alliance Conference, Albuquerque, NM. Panel member on “The Language of Recovery;” book signing. Nov 2009.
- Gender-Responsive, Trauma-Informed training for Shasta County, CA.
- Consultant with Chuck Ries, Director of UpFront, Strategies that Work with Teens; Berkeley Technical High School.
- On-going consultation & training for Jelani House, (women & children’s services); SF, CA
- Grants (through Ontrack Program Services; www.getontrack.org):
 - Youth Services Initiative
 - AOD Treatment Services Trainings for Agencies, African-American Focus
 - Opening Doors: Increasing Access to Domestic Violence Shelters (ended early 2009)
 - Women’s Grant (new in 2009): Trainer/Consultant for Regional Conferences and agency trainings in MI; PTSD, Trauma, SUDs, Mental Illness, and Women.
- Invited Keynote Speaker, SAGE commencement; July 24, 2009: “Change.”
- Invited speaker, Symposium on Harm Reduction, SFSU. 2009.
- State Regional Training, Fresno, CA. “Gender-Responsive, Trauma-Informed Treatment.” July 2009.
- San Francisco, CA. UCSF AIDS Health Project. MI training & consulting. 2008-09.
- State of California Project – Cal METRO - for the Department of Juvenile Justice: administered through UCSD Department of Psychiatry, CCARTA. Trainer in Motivational Interviewing. 2007-current.

- Cornell University Health Services: Trainings in Motivational Interviewing, and coaching (2008-2009).
- Invited Speaker, Idaho Council on Domestic Violence & Victim Assistance Conference: "Using MI with Trauma Clients." June 11, 2009.
- Marin Abused Women's Services (MAWS): Using MI with PTSD in Women." Feb 2009.
- ECS, SF: "Using Harm Reduction Skills in Addiction Treatment Workshop," May, 2009.
- San Francisco, CA. CalWORKs Partnership Summit: "They're Just Wired Different: Women, Addiction, and Treatment." December 3, 2008.
- Santa Rosa, CA. Face-to-Face (through LGBT Tri-Star): "Using MI with IPV." June 2009.
- CA State Chapter National Eligibility Workers Assn Annual Training Conference; San Diego, CA. "MI & IPV/Trauma." January 29, 2009.
- Fresno, CA: Fresno County ADP: "Motivational Interviewing." March 2009.
- Oxnard, CA. Interface Children & Family Services: "Using MI in Trauma-Informed Work." November 2009.
- San Francisco, CA. La Casa de las Madres. "Using MI with DV/Shelter Clients." Feb 2009.
- San Francisco, CA. SafeStart. "Using MI with women with PTSD/Trauma." March 2009.
- South Lake Tahoe, CA. SLT Women's Services. "Using MI with Women with PTSD/Trauma," July 2009.
- Adjunct Faculty, UC Davis; Northern California Training Academy. Motivational Interviewing (MI) for State Social Workers. Developed course & initiated training of teachers. 2007-09.

Harm Reduction Coalition, Oakland, CA. Course: Treatment for AOD Issues, June 2008.

Highlights of 2007 Projects (partial list):

- Conference - Opening Doors: Increasing Access to Domestic Violence Shelters. Using MI in Trauma-Informed Work. Berkeley, CA. 2008.
- Harm Reduction; State of California Department of Alcohol & Drug Programs (ADP), Sacramento, CA. 2007.
- Blending 12-Step & MI presentation, MINT Forum; Sofia, Bulgaria
- Invited Keynote Speaker on Mental Health. Annual Equine Psychotherapy Conference, Ogden, Utah.
- PESI Motivational Interviewing seminars in Indiana, Portland, OR, and more.
- Invited speaker: San Mateo Conference on Mental Health, SFSU; SF, CA.
- Basic and Advanced MI trainings for CBHS, SF Dept of Public Health.
- Advanced MI trainings w/HRTC (with Patt Denning)
- Larkin Street Youth Services: MI & Supervisory trainings
- Conferences on Women and Trauma (Ontrack Services): various locations
- Epiphany Center, SF, CA; MI training & PTSD training.

- Invited presenter National HIV Outreach Workers Conference, Austin, TX; June 2007.
- CRR: Grass Valley, CA; "Motivational Interviewing."
- Regional Training: "SUDs, Mental Health - What Shelters Need to Know." San Diego, May 2007.
- Regional Training: "SUDs, Mental Health - What Shelters Need to Know." San Rafael, June 2007.
- Regional Training: "SUDs, Mental Health - What Shelters Need to Know." Asilomar, August 2007.
- Regional Training: "SUDs, Mental Health - What Shelters Need to Know." Fremont, November 2007.
- Regional Training: "SUDs, Mental Health - What Shelters Need to Know." LA Westchester, December 2007.
- Regional Training: "SUDs, Mental Health - What Shelters Need to Know." Concord, Feb 2008.
- Regional Training: "SUDs, Mental Health - What Shelters Need to Know." Santa Barbara, March 2008.
- Central Valley Group: "Using Motivational Interviewing in DV Shelters." Oct 2007.
- Walnut Avenue Women's Center: "Using Motivational Interviewing in DV Shelters." Nov 2007.
- CCS, San Diego: "Using Motivational Interviewing in DV Shelters." 2-day training, 2008.
- Gold River County: "Using Motivational Interviewing in DV Shelters." Feb 2008.
- East Bay-San Leandro: "Using Motivational Interviewing in DV Shelters." 2-day training. 2008.
- Santa Clara Group, Livermore: "Using Motivational Interviewing in DV Shelters." Apr 2008.
- San Diego Group, Encinitas: "Using Motivational Interviewing in DV Shelters." Apr 2008.
- Teleseminar: "Prescription Drugs." May 2008.
- Orange County, Irvine: "Using Motivational Interviewing in DV Shelters." June 2008.
- YWCA of Sonoma County: "Using Motivational Interviewing in DV Shelters." June 2008.
- San Francisco Group: "Using Motivational Interviewing in DV Shelters." July 2008.
- Human Resource Council Group – Calaveras: "Using Motivational Interviewing in DV Shelters." 2-day training. October 2008.
- Interface - Ventura Group: "Using Motivational Interviewing in DV Shelters." Nov 2008.

Highlights of 2006 Projects (partial list):

- 1st Annual Harm Reduction Psychotherapy Conference: Seattle; May 2006. Invited speaker.

- San Francisco AIDS Foundation: MI training
- Chesapeake ECSB: MI Training, Virginia
- Additional MI Trainings: Virginia; Northern California, Pennsylvania, Alabama, Pennsylvania, Idaho, Montana, Utah, Nebraska, and more.
- SF-CBHS: MI training, May 2006 & Sept 2006
- Lifemaster's, San Antonio, TX: MI training (2-day), July 2006
- Harm Reduction Summer School (with HRTC): MI training, July 2006
- BAART: Counseling Skills, May 2006
- African-American Conference, Los Angeles. Women, Trauma, & Substance Abuse; CRAFT. May 2006. Invited speaker
- National Harm Reduction Conference, Oakland, CA. Nov 2006
- MINT Forum, Miami, FL., Nov 2006

Highlights of 2005 Projects (partial list):

- Motivational Interviewing seminars: Minnesota; Wisconsin, Chicago; Maine; New Hampshire; Oregon; Maryland

Highlights of 2004 Projects (partial list):

- Contra Costa County WIC Program, Smoking Cessation: Motivational Interviewing. March 2004.
- SF Probation Dept: Eating Disorders, SF, CA. April 2004.
- Federal Bureau of Prisons Conference: Motivational Interviewing, Tucson, AZ. Invited speaker. June 2004.
- BAART (Bay Area Addiction Research Treatment): Motivational Interviewing/ Stages of Changes basic trainings. Various locations. California. Summer 2004.
- HAVEN (Walden House): Case Management. SF, CA. Oct 2004.
- Motivational Interviewing MINT Forum. "But I Already do this with my Clients!" Presentation with Eugene Hoffman, PhD. Portland, ME. Oct 2004.
- Annual Harm Reduction Conference: Counselor Wellness (with Edward Reed); Motivational Interviewing. New Orleans, LA. November 2004.

Additional trainings and presentations - 2004 and previous:

| | | |
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| <u>Tom Waddell Clinic</u> | Motivational Interviewing | Mar 2004 |
| <u>National Kidney Foundation Annual Symposium; SF, CA</u> | Motivational Interviewing | Feb 2004 |
| <u>The Harm Reduction Therapy Center</u> | Motivational Interviewing | Feb 2004 |
| <u>EBCRP</u> | Motivational Interviewing | Nov 2003 |
| <u>FOTEP/UCSD (Stockton)</u> | Women's' Sexuality | Feb 2004 |
| <u>Sheriff's Dept: PREP; SF, CA</u> | Motivational Interviewing | Dec 2003 |
| <u>EBCRP</u> | Motivational Interviewing | Nov 2003 |

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| <u>ECS</u> | Counseling Skills I & II | 2003 |
| <u>SF DPH/CSAS</u> | Motivational Interviewing/Stages of Change | 2003 |
| <u>UCSD</u> | Sexuality & Addiction | Spring 2003 |
| <u>Riverside County Probation</u> | Eating Disorders | January 2003 |
| <u>DPH/CSAS (SF)</u> | Community Reinforcement Approach | January 2003 |
| <u>4th Annual Nat'l (Internat'l) Harm Reduction Conference Seattle, WA</u> | MI/Stages of Change | Dec 2002 |
| <u>Walden House</u> | Relapse Prevention Seminar | Nov 2002 |
| <u>EBCRP</u> | Motivational Interviewing | Nov 2002 |
| <u>Health Partnerships</u> | Counselor Wellness (w/Edward Reed) | Oct 2002 |
| <u>SF DPH/CSAS</u> | MI/Stages of Change | Oct 2002 |
| <u>CAADAC Regional Mtg</u> | Harm Reduction in Substance Abuse | August 2002 |
| <u>Center for Recovery Concord, CA</u> | Harm Reduction in Substance Abuse | August 2002 |
| <u>SF DPH/CSAS</u> | MI/Stages of Change | July 2002 |
| <u>Kaiser EAP Services Oakland, CA</u> | MI/Stages of Change | July 2002 |
| <u>Haight-Ashbury Free Clinics</u> | MI/Stages of Change | June 2002 |
| <u>Modoc County MH/AOD</u> | MI | June 2002 |
| <u>San Mateo Cty MH Services</u> | MI/Stages of Change | April 2002 |
| <u>Henry Ohlhoff Houses</u> | Relapse Prevention IV | April 2002 |
| <u>Henry Ohlhoff Houses</u> | Relapse Prevention III | Dec 2001 |
| <u>Henry Ohlhoff Houses</u> | Relapse Prevention II | June 2001 |
| <u>SF Dept of Public Health</u> | MI/Stages of Change | Nov 2001 |

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| <u>EAPA Internat'l 2001 Conf.</u> Vancouver, BC | MI/Stages of Change | Oct 2001 |
| <u>CAADAC 2001 Conference</u> Emeryville, CA | MI/Stages of Change | Sept 2001 |
| <u>East Bay CAMFT</u> | Relapse Prevention II | April 2001 |
| <u>Henry Ohlhoff Houses</u> | Relapse Prevention I | Mar 2001 |
| <u>San Francisco EAPA</u> | Sex & Addiction | Feb 2001 |
| <u>East Bay CAMFT</u> | Relapse Prevention I | Feb 2001 |
| <u>State Fund Compensation</u> | Healthy Relationships | Feb 2001 |
| <u>Bridging the Gap Conference</u> | MI/Stages of Change | Jan 2001 |
| <u>Helen Vine Detox Center</u> | Relapse Prevention | Jan 2001 |
| <u>CAADAC Regional Meeting</u> | MI & SOC | Jan 2001 |
| <u>P.A.L.M.</u> | MI & SOC | Jan 2001 |
| <u>Henry Ohlhoff Houses</u> | Relapse Prevention II | Oct 2000 |
| <u>Henry Ohlhoff Houses</u> | Relapse Prevention I | July 2000 |
| <u>Silicon Valley EAPA</u> | MI & SOC | May 2000 |
| <u>Henry Ohlhoff Houses</u> | Anger Management | May 2000 |
| <u>Foothill High School</u> | Addiction & Dysfunctional Families | May 2000 |
| <u>UCSF Nurse Practitioners</u> | Treatment Modalities/Relapse Prevention | April 2000 |
| <u>Mt. Diablo Medical Center</u> | Motivational Interviewing & SOC | April 2000 |
| <u>Mt. Diablo Medical Center</u> | Relapse Prevention | March 2000 |
| <u>Marin Services for Women</u> | Relapse Prevention | Feb 2000 |
| <u>Henry Ohlhoff Houses</u> | Relapse Prevention | Nov 1999 |
| <u>R-Quest</u> | Nutrition & CD | October 1999 |

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|---|---|--------------|
| <u>County of Alameda Safety & Health (CASH)</u> | Drug Awareness | October 1999 |
| <u>Mt. Diablo Medical Center</u> | Sexual Dysfunction & Addiction | October 1999 |
| <u>Henry Ohlhoff Houses</u> | Grief & Loss | June 1999 |
| <u>Foothill High School</u> | Addiction & Dysfunctional Families | May 1999 |
| <u>UCSF Nurse Practitioners</u> | Treatment Modalities/Relapse Prevention | April 1999 |
| <u>SF Kaiser CDRP</u> | Relapse Prevention | March 1998 |
| <u>CAADAC State Conference</u> | Relapse Prevention & the New Millennium | Oct 1997 |
| <u>CAADAC Regional Meeting</u> | Relapse Prevention and Your Clients | August 1996 |

| <u>INSTITUTION</u> | <u>CLASS TITLE</u> | <u>COURSE</u> | <u>SEMESTER</u> |
|----------------------|------------------------------------|----------------|-----------------|
| SFSU | Sex & Relationships | Psych/HMSX 320 | 1997 (W) |
| CSUH | Sexuality & Addiction | EPSY 7689 | 1998 (W) |
| CSUH | Sexuality & Addiction | EPSY 7689 | 1999 (W) |
| CSUH | Relapse Prevention | EPSY 7678 | 1999 (F) |
| CSUH | Sexuality & Addiction | EPSY 7689 | 2000 (W) |
| Kaiser (SF) Fall) | Anger Management | Health Ed | 2000 (Sp/ |
| SFSU | Drugs & Society | HEd 315 | 2000 (Sum) |
| SFSU | Women's Health | HEd 414 | 2000 (F) |
| CSUH | Relapse Prevention | EPSY 7678 | 2000 (F) |
| CCSF | Drugs & Society | H 30 | 2001 (S) |
| SFSU | Women's Health | HEd 414 | 2001 (S) |
| Kaiser (SF) W) | Anger Management | Health Ed | 2001 (S/S/F/ |
| CCSF | Drugs & Society | H 30 | 2001 (F) |
| SFSU | Women's Health | H414 | 2001 (F) |
| CSUH | Relapse Prevention | EPSY 7678 | 2001 (W) |
| CCSF | Drugs & Society | H 30 | 2002 (S) |
| CCSF | Case Management | H 73 | 2002 (S) |
| CCSF | Physiological Effects of Addiction | Health 70 | 2002 (F) |
| CCSF | Drugs & Society | H 30 | 2002 (F) |
| CCSF | Case Management | H 73 | 2002 (F) |
| CSUH | Sexuality & Addiction | EPSY 7678 | 2003 (W) |
| CCSF | Drugs & Society | H 30 | 2003 (S) |
| CCSF | Case Management | H 73 | 2003 (S) |
| CCSF | Addiction Tx Skills | H 83 | 2003 (S) |

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|------|------------------------------------|-----------|----------|
| CCSF | Drugs & Society | H 30 | 2003 (F) |
| CCSF | Case Management | H 73 | 2003 (F) |
| CCSF | Physiological Effects of Addiction | H 70 | 2003 (F) |
| SFSU | Drugs & society | H315 | 2003 (F) |
| SFSU | Women's Health | H414 | 2003 (F) |
| CSUH | Sexuality & Addiction | EPSY 7678 | 2004 (W) |
| CCSF | Case Management | H 73 | 2004 (S) |
| CCSF | Addiction Tx Skills | H 83 | 2004 (S) |
| CCSF | Drugs & Society | H 30 | 2004 (S) |
| CCSF | Case Management | H 73 | 2004 (F) |
| CCSF | Addiction Tx Skills | H 83 | 2004 (F) |
| SFSU | Women's Health | H414 | 2004 (F) |
| CCSF | Drugs & Society | H 30 | 2005 (S) |
| CCSF | Case Management | H 73 | 2005 (S) |
| CCSF | Addiction Tx Skills | H 83 | 2005 (S) |
| SFSU | Women's Health | H414 | 2005 (S) |
| SFSU | Women's Health | H414 | 2005 (F) |
| CCSF | Drugs & Society | H 30 | 2005 (F) |
| CCSF | Case Management | H 73 | 2005 (F) |
| CCSF | Addiction Tx Skills | H 83 | 2005 (F) |
| CCSF | Drugs & Society | H 30 | 2006 (S) |
| CCSF | Case Management | H 73 | 2006 (S) |
| CCSF | Addiction Tx Skills | H 83 | 2006 (S) |
| CCSF | Drugs & Society | H 30 | 2007 (S) |
| CCSF | Case Management | H 73 | 2007 (S) |
| CCSF | Addiction Tx Skills | H 83 | 2007 (S) |
| CCSF | Drugs & Society | H 30 | 2007 (F) |
| CCSF | Addiction Tx Skills | H 83 | 2007 (F) |
| CCSF | Independent Study | H83 | 2007 (S) |
| CCSF | Case Management | H73 | 2008 (S) |
| CCSF | Drugs and Society | H30 | 2008 (S) |
| CCSF | Intro to AOD Cert. Program | H100 | 2008 (S) |
| CCSF | Harm Reduction | H90B | 2008 (F) |
| CCSF | Addiction Tx Skills | H 83 | 2008 (F) |
| CCSF | Drugs and Society | H30 | 2009 (S) |
| CCSF | Harm Reduction | H90B | 2009 (S) |
| CCSF | Group Facilitation | H76 | 2009 (S) |
| CCSF | Intro to AOD Cert. Program | H100 | 2009 (S) |
| CCSF | Drugs and Society | H30 | 2009 (F) |
| CCSF | Motivational Interviewing | H83 | 2009 (F) |
| CCSF | Intro to AOD Cert. Program | H100 | 2009 (F) |
| CCSF | Harm Reduction | H90B | 2009 (F) |
| CCSF | Drugs and Society | H30 | 2010 (S) |
| CCSF | Harm Reduction | H90B | 2010 (S) |
| CCSF | Intro to AOD Cert. Program | H100 | 2010 (S) |
| CCSF | Case Management | H73 | 2010 (S) |

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| CCSF | Drugs and Society | H30 | 2010 (F) |
| CCSF | Motivational Interviewing | H83 | 2010 (F) |
| CCSF | Harm Reduction | H90B | 2010 (F) |
| CCSF | Intro to AOD Cert. Program | H100 | 2010 (F) |
| CCSF | Intro to AOD Cert. Program | H100 | 2011 (S) |
| CCSF | Case Management | H73 | 2011 (S) |
| CCSF | Harm Reduction & Health | H90B | 2011 (S) |
| CCSF | Drugs & Society | H30 | 2011 (S) |
| UCBX | Continuing Care & Case Coord. | X135 | 2012-2014 |
| CSUMB | Drugs, Society & Public Policy | CHHS 225 | (F)2013-now |
| CSUMB | Substance Use Disorders | SW 435 | (F)2015-now |

**Guest speaking for Webinars and Skype-based courses 2011-current

GUEST LECTURER:

| <u>INSTITUTION</u> | <u>LECTURE</u> | <u>COURSE</u> | <u>SEMESTER</u> |
|--------------------|-----------------------------|----------------|-----------------|
| SFSU | STDs | HED 320 | 1991 & 1992 |
| SFSU | Living a Safer Sexual Life | Psych/HMSX 320 | 1992(Sp) |
| SFSU | STDs | Psych/HMSX 320 | 1993 (Sp/F) |
| SFSU | Addiction | Psych/HMSX 320 | 1994 (Sp/F) |
| SFSU | Addiction & Women | HED 315 | 1994 (F) |
| SFSU | STDs | Psych/HMSX 320 | 1995 (Sp/F) |
| SFSU | STDs | HED 312 | 1995 (Sp) |
| SFSU | Relapse Prevention | Coun 738 | 1996 (Sp) |
| SFSU | Codepend. & Addiction | Psych/HMSX 320 | 1996 (F) |
| Glendale CC | Addiction | Health 101 | 1997 (Sp) |
| Chabot CC | STDs | Health I | 1997 (Sp) |
| SFSU | Relapse Prevention | Coun 738 | 1997 (F) |
| SFSU | STDs | Psych/HMSX 320 | 1997 (F) |
| SFSU | Relapse Prevention | Coun 738 | 1998 (Sp) |
| SFSU | Addiction & Relationships | Psych/HMSX 320 | 1998 (Sum) |
| SFSU | Relapse Prevention | Coun 738 | 1999 (Sp) |
| SFSU | STDs and Relationships | Psych/HMSX 320 | 1999 (F) |
| SFSU | Relapse Prevention | Coun 738 | 1999 (F) |
| SFSU | Health & Society | HEd 550 | 2000 (Sum) |
| SFSU | Nursing – Graduate training | | 2003 (F) |
| CSUH | Master’s Counseling Class | | 2004 (Sp) |
| SFSU | Substance Abuse Course | Coun 738 | 2005 (F) |
| SFSU | Drugs and Society | HEd 315 | 2006-07 |
| SFSU | Drugs and Society | HEd 315 | 2010 (F) |